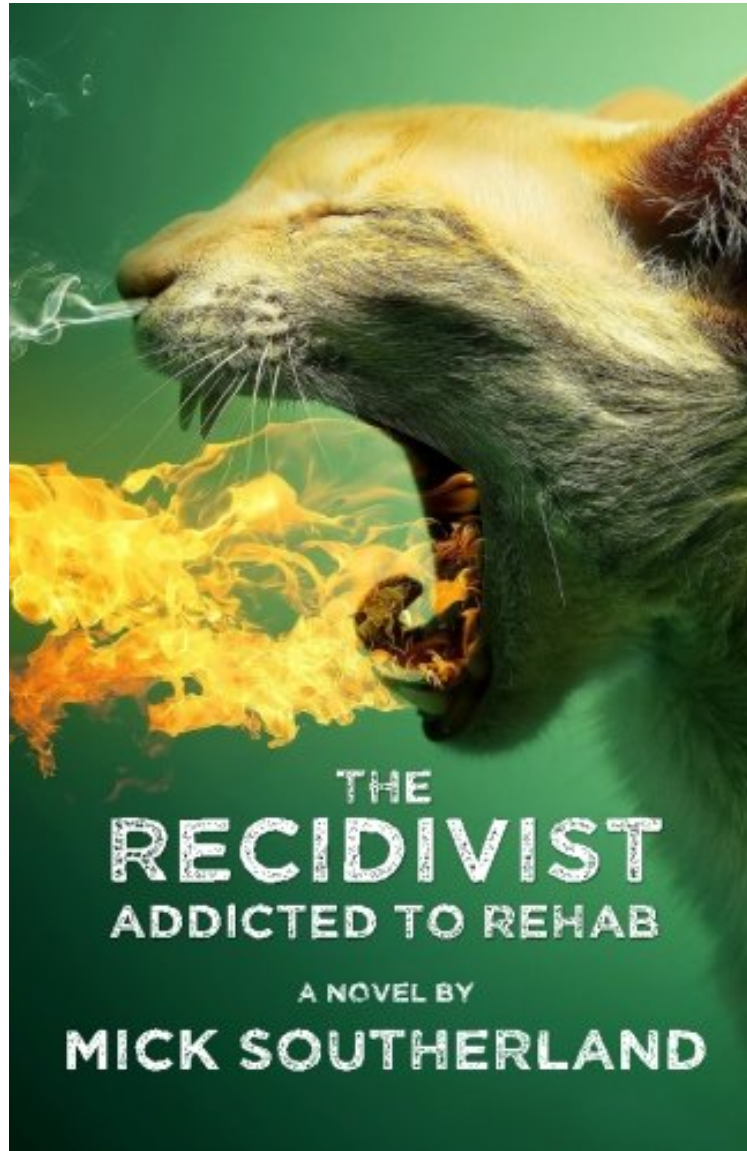


(Pdf free) The Recidivist: Addicted to Rehab: A shocking novel about alcoholism, rehab, and redemption.

## **The Recidivist: Addicted to Rehab: A shocking novel about alcoholism, rehab, and redemption.**

*Mick Southerland*

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#2473474 in Books Southerland Mick 2016-05-13Original language:English 8.50 x .60 x 5.50l, .64 #File Name: 1533259054240 pagesThe Recidivist Addicted to Rehab A Shocking Novel about Alcoholism Rehab and Redemption | File size: 36.Mb

**Mick Southerland : The Recidivist: Addicted to Rehab: A shocking novel about alcoholism, rehab, and redemption.** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Recidivist: Addicted to Rehab: A shocking novel about alcoholism, rehab, and redemption.:

2 of 2 people found the following review helpful. A raw perspective on addiction  
By fireflystars  
A dark and often humorous journey through the rehab experience, this book gives a raw perspective on the nature of addiction and trauma, and the difficulties in sustainably addressing either. Through the retelling of other patient's stories, the protagonist moves through the treatment regime of an idyllic rehabilitation center set in the Arizona desert. Feeling part high-school and part prison, the patients try to deal with what haunts them through varieties of therapy, medication, spirituality, short-lived romances, rule defiance, or relapses into old habits. Without judgement or saccharine positivity, this book doesn't sugar-coat the harsh realities of real-world outcomes or preach advice. It feels like a painful and honest snapshot of one man's experience, broadened by the stories of those around him. This book is guaranteed to instill empathy toward those struggling with addiction disorders; I recommend reading for anyone who wishes to gain perspective on mental issues, rehabilitation, or simply life in general.  
3 of 3 people found the following review helpful. Wonderful work  
By James Herington  
Excellent book with never a dull moment. It is relateable because I have been in rehab myself and the characters in this story have come into my life during my recovery. Whether it be in AA/NA meetings or just in my daily journeys, I have been touched by these people in some way. Mick Southerland is my voice in each of these tales. Much appreciation goes out to him  
2 of 2 people found the following review helpful. Always searching for this kind of books!  
By Marika  
It always helps to read a story of my story. But rehab is not as funny as all that. Still really dislike the ones that always end with Cinderella and flowers and bunnies (so trivializing!) so I appreciate him keeping it real

The Recidivist is a satirical assessment of alcoholism, rehab, and redemption. A dark and often humorous journey through the rehab experience, with a stark perspective on the nature of addiction and trauma and the difficulties in sustainably addressing both. Through the retelling of other patient's stories, the protagonist moves through the treatment regime of an idyllic rehabilitation center set in the Arizona desert. Feeling part high-school and part prison, the patients try to deal with what haunts them through varieties of therapy, medication, spirituality, short-lived romances, rule defiance, or relapses into old habits. Without judgement or saccharine positivity, this book doesn't sugar-coat the harsh realities of real-world outcomes or preach advice. It feels like a painful and honest snapshot of one man's experience, broadened by the stories of those around him. This book is guaranteed to instill empathy toward those struggling with addiction. The Recidivist: Addicted to Rehab is an enlightening read for anyone who wishes to gain perspective on mental issues, rehabilitation, or simply life in general.